









# JENNY HOFFMAN

 <p> <a href="https://www.runjennyrun.com/">https://www.runjennyrun.com/</a>            3x National Champion Ultrarunner            World Record Holder            Professor of Physics            Lucky mom of 3 great kids         </p>	 <a href="#">Facebook</a>
	 <a href="#">Instagram</a>
	 <a href="#">Strava</a>
	 <a href="#">Garmin tracking</a>
	 <a href="#">Fastest Known Time</a>
	 <a href="#">Ultrasignup</a>
	 <a href="#">Wikipedia</a>

## HIGHLIGHTS:

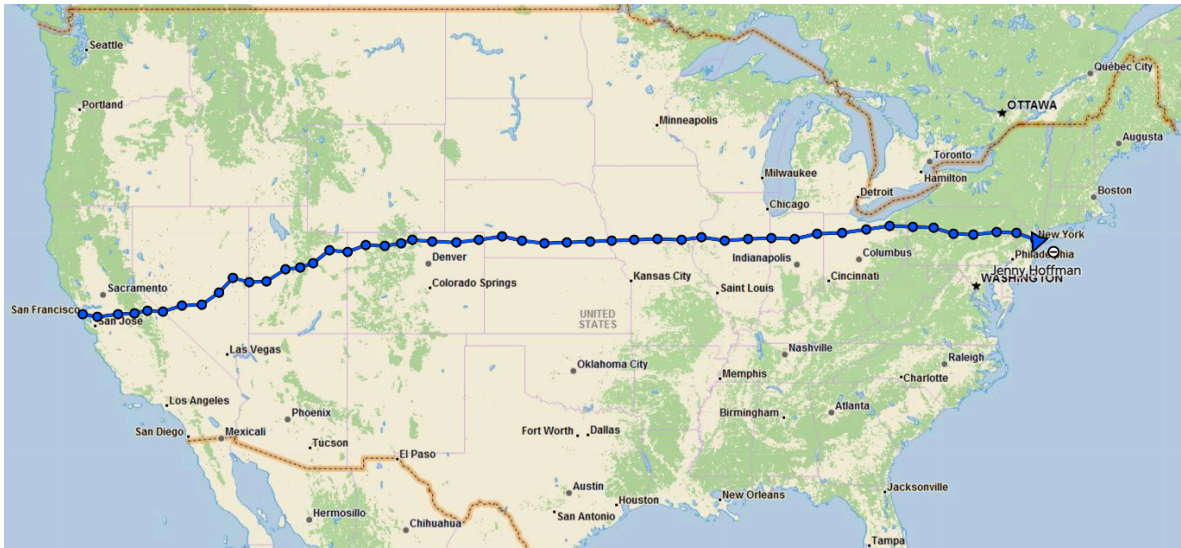
- Javelina 100 Miler, 2004, 1<sup>st</sup> woman (18:52)
- Beast of Burden 100 Miler, 2014, 1<sup>st</sup> woman (18:47)
- USA Track & Field 24-Hour Run, **National Champion**, 2014 (127 miles)
  - <http://news.harvard.edu/gazette/story/2014/10/miles-to-go/>
- USA Track & Field 100-mile National Championship, 2015, 4<sup>th</sup> woman (16:48)
- USA Track & Field 24-Hour Run, **National Champion**, 2015 (138.4 miles)
- USA Track & Field 24-Hour Run, **National Champion**, 2016 (142 miles, [top 10 all-time](#))
- USA Track & Field [Athlete of the Week](#), Sept 23, 2016
- Lumberjack 100 Miler, April 2017, 1<sup>st</sup> overall (male & female)
- World Championship 24-Hour Run, **Team USA Gold Medal**, Belfast, 2017



- Beast of Burden 100 Miler, Aug 2021, 1<sup>st</sup> overall (17:21)
- Pine Creek 100 Miler, Sept 2021, 1<sup>st</sup> woman & course record (15:55)
- 24hrs in the Dome (Milwaukee, WI), June 2023, 145.4 miles – qualified for Team USA 2023
  - <https://www.usatf.org/disciplines/mountain-ultra-trail/team-usa-events/2023-u-s-national-24-hour-qualification-standards->



- **World Record:** ran 3032 miles from San Francisco to New York City in **47 days, 12 hours, 35 min**, over a week faster than previous [Fastest Known Time](#) and [Guinness WR](#), Sep 16 - Nov 2, 2023



- News reports in [New York Times](#), [NPR's All Things Considered](#), and [Harvard Crimson](#)
- Fastest Known Time of the Year Award 2023 ([Outside Magazine](#) and [FKT podcast](#))
- World Championship 24-Hour Run, 138.7 miles, **#23 woman in the world**, Taipei, 2023 ([results](#))
- 24hrs in the Dome (Milwaukee, WI), June 2024, 147.7 miles – qualified for Team USA 2025
  - <https://www.usatf.org/disciplines/mountain-ultra-trail/team-usa-events/2025-u-s-national-24-hour-qualification-standards->
- Vermont 100 Mile, July 2025, 1<sup>st</sup> woman (5<sup>th</sup> overall), 17:29 = [6<sup>th</sup> fastest female time since 1989](#)